

# Junior Football League of Central Illinois



## WARNING OF INHERENT RISKS AND PARTICIPATION AGREEMENT

Tackle football is an exciting sport that often involves forceful contact with the ground or another player. The sport is also frequently played during hot, humid weather conditions. Because of these conditions inherent to the sport, participating in tackle football exposes the athlete to many risks of injury. Those include, but are not limited to, death; paralysis due to serious neck and back injuries; brain damage; damage to internal organs; serious injuries to the bones, ligaments, joints, and tendons; and general deterioration of health. Such injuries can result not only in temporary loss of function, but also in serious impairment of future physical, psychological, and social abilities, including the ability to earn a living.

In an effort to make the sport of tackle football as safe as it can be, your child's coaching staff has been certified by the American Sport Education Program (A.S.E.P.) in the sport of tackle football and many of the coaches have been trained by the American Red Cross in Basic First Aid techniques and adult C.P.R. They will be instructing your child concerning the rules of tackle football and the correct mechanics of all fundamentals skills required to participate in the sport. It is vital that athletes follow the coach's skill instruction, training rules, and team policies to decrease the possibility of serious injury.

We have read the information above concerning the risks of playing tackle football. We understand and assume all risks associated with trying out, practicing, or playing tackle football. We further agree to hold the Junior Football League of Central Illinois and its representatives, coaches, volunteers, and general agents harmless in any and all liability actions, claims, or legal actions in connection with participation in any activities related to participation on any sanctioned Junior Football League tackle football team.

In signing this form, we assume the inherent risks of tackle football and waive future legal action by our heirs, estate, executor, assignees, administrator, family members, and ourselves.

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Signature of Athlete

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Signature of Mother (or legal guardian)

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Signature of Father (or legal guardian)

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Date