

# **REQUIRED EQUIPMENT**

Each player shall properly wear the mandatory equipment while the ball is live.

The following items shall be worn in ALL divisions, beginning with physical contact in practice sessions:

1. **HELMET:** Only **WHITE** helmets bearing the NOCSAE seal of certification may be worn. All helmets must bear the current NOCSAE approved “warning label” in a visible position on the outside of the helmet. The “warning label” is the same label that is furnished by all helmet manufacturers and quality reconditioners.
2. **FACE MASK:** Only face masks bearing the NOSCAE seal of certification may be used. The face mask shall be made of material designed to be nonbreakable with rounded edges, and those constructed of metal shall have the surface covered with resilient material designed to prevent chipping, burrs or abrasiveness which would endanger players.
3. **Chin Straps,**
4. **Shoulder Pads,**
5. **Hip Pads,**
6. **Tail Pads,**
7. **Thigh Pads,**
8. **Knee Pads,**
9. **Jerseys** (practice and/or game)
10. **Pants,** which cover the knee and knee pads,
11. **Tooth and Mouth Protector** with keeper strap attached to face mask,
12. **SHOES:** All divisions may have detachable cleats of a soft composition, sneakers or rubber cleated shoes. (soccer style)
13. **EYEGLASSES:** When worn, shall be of athletically approved construction with non-shattering glass (safety glass) or contact lenses.  
A: No **Face Masks Shields** except if have medical OK from physician. Then the shield must be clear.
14. The game officials shall approve any additional equipment worn by a player.

## **ILLEGAL EQUIPMENT**

No player shall be permitted to play while wearing illegal equipment. This applies to any equipment, which in the opinion of game officials' is dangerous, confusing or which is inappropriate.