

NON BALL CARRIER RULES

1. NBC on DEFENSE: players may advance a fumbled ball, interception, or blocked kick.
2. NBC on OFFENSE: players may advance the ball due to an UNINTENTIONAL fumble,
3. interception, or blocked kick.
4. NBC players may NOT advance the ball on kickoffs if they are on the receiving team.
5. NBC players may NOT advance the ball on punts if they are on the kicking team.
6. On OFFENSE, NBC players may be positioned anywhere except for quarterback. NBC players are NOT allowed to carry the ball by taking a handoff, receiving a pass, taking the snap (shot gun OR under center), or advancing the ball from scrimmage.
7. All interior linemen (tackle to tackle) must be positioned in a three (3) or four (4) point stance
8. at the time of the snap. This is for OFFENSE and DEFENSE.
9. On DEFENSE. NBC lavers are NOT restricted to certain positions.
10. Defensive ends are NOT required to be in a three (3) or four (4) point stance, but may be.